

# Career Exploration Week 2025: “What Can I Do with this Major?”

## *Tip Sheet for Alumni/Parent Participants*



Fairfield alumni and parents have so much to offer today’s students! Whatever your field, you have the opportunity to introduce careers, industries, and share your own personal career experiences through in-person meetings or virtual career conversations.

### Timeline

February	Registration opens at <a href="https://jobshadow.fairfield.edu">jobshadow.fairfield.edu</a> .
April	<p>Alumni/parent mentors will be notified of student match(es).</p> <p>Matches are based on students’ choices of industry and location. Note: There are instances when not all alumni/parents can be matched. Alumni/parents who are not matched will be notified.</p>
May	<p>Students contact alumni/parent matches to schedule an in-person or virtual meeting.</p> <p>Career Exploration Week takes place the week of May 19 – 23, 2025. Note: If this timeframe is not convenient, students and their alumni/parent match can schedule another time.</p>
June	A brief survey will be sent to alumni/parents. Please complete it so we can improve the program for next year.

### Meeting Format

Hosts can work with their student matches to choose a virtual or in-person format, with one or more students, whichever option that is most convenient. For example, you can...

- Set up an informational Zoom call for 30 minutes to an hour. You can invite other alumni at the company to join you too.
- Schedule an in-person meeting and tour of your office (half or full day).
- Meet for a lunch conversation.



## Career Conversation Topics

To help ensure a successful conversation, we recommend that alumni/parents touch on some of the following topics:

- Share a little bit about your time at Fairfield: What you studied, clubs you belonged to, where you lived, etc.
- Explain what your transition from Fairfield to work was like.
- Offer tips on making the college to post-graduation transition.
- Ask about your student's major, activities, and current career aspirations.
- Talk about your career path since graduating from Fairfield.
- Discuss potential career paths within your organization and industry.
- Provide advice about how to obtain a job in the organization and industry.
- Discuss hiring trends and future job and internship opportunities.
- Share your contact information and offer to connect on LinkedIn.
- Leave some time for general Q&A.

## Questions?

Please contact the Career Center at [careers@fairfield.edu](mailto:careers@fairfield.edu).

## Thank You!

Thank you so much for offering your time and talents to help current Stags with their career exploration.



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Career Center